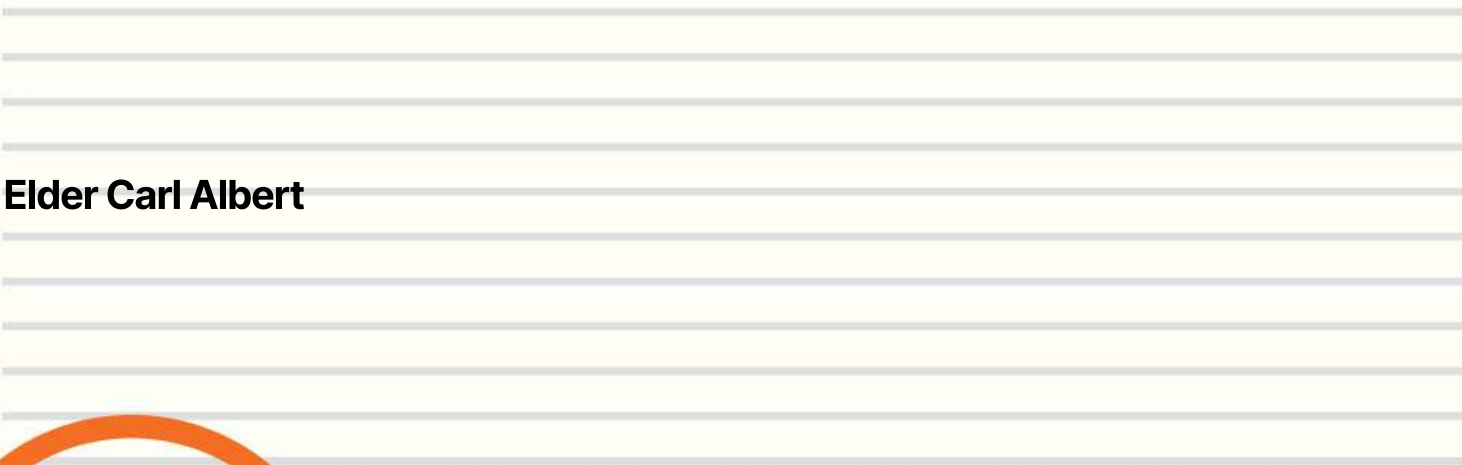




WE ARE ONE BODY



Seeking a deeper connection with fellow believers in faith? You've found your guide.



Elder Carl Albert



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Prayer: Psalms 150:1-6 Praise ye the LORD. Praise God in his sanctuary: praise him in the firmament of his power. (2) Praise him for his mighty acts: praise him according to his excellent greatness. (3) Praise him with the sound of the trumpet: praise him with the psaltery and harp. (4) Praise him with the timbrel and dance: praise him with stringed instruments and organs. (5) Praise him upon the loud cymbals: praise him upon the high sounding cymbals. (6) Let every thing that hath breath praise the LORD. Praise ye the LORD.

We are all one body (Church) and in this together. If one gets sick or hurt or is stressed, the body feels the pain. We have to be there for one another and encourage one another and bear with one another and love one another the way the Lord has taught us. The Lord has given us His Word and His Holy Commandments to keep. This body is the Body of Christ!

Genesis 5:1-2 This is the book of the generations of Adam. In the day that God created man, in the likeness of God made he him; (2) Male and female created he them; and blessed them, and called their name Adam, in the day when they were created.

Notes:

- God created one body (Adam) and brought Eve out of him. They (male & female) are one body.
- God called their name ADAM because Eve was still inside Adam (as one of his ribs). Adam called her Eve because she is the mother of all living.

Malachi 2:15 And did not he make one? Yet had he the residue of the spirit. And wherefore one? That he might seek a godly seed. Therefore take heed to your spirit, and let none deal treacherously against the wife of his youth.

Notes:

- Residue of the Spirit = Wisdom
- One = Man & Woman
- Only this combination can procreate and produce seed.
- Godly seed = the People who are striving to become godly and inherit the kingdom of God
- Take heed to your spirit = watch yourself and your behavior
- Treacherously = deceitfully, dangerously, unfaithfully, disloyally, falsely

Ephesians 4:4-6, 15-16, 23-25 There is one body, and one Spirit, even as ye are called in one hope of your calling; [5] One Lord, one faith, one baptism, [6] One God and Father of all, who is above all, and through all,

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and in you all. But speaking the truth in love, may grow up into him in all things, which is the head, even

Christ: [16] From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of

itself in love. And be renewed in the spirit of your mind; [24] And that ye put on the new man, which after

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God is created in righteousness and true holiness. [25] Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another.

Notes:

- One body = Body of Christ
- One Spirit = One Word
- One Hope = One Faith
- One Faith = One Belief
- One Baptism = In the name of Jesus
- In you all = God's Word is supposed to be in all of us
- Body fitly joined together = All of us working together to increase the members in the body of Christ
- Spirit of your mind = Thinking about God's Word and keeping His Commandments
- New Man = Walking in the Word of God
- As one body, servants of God must speak truth with one another, even reproving one another.

Jeremiah 3:14-15, 17 Turn, O
backsliding children, saith the LORD;
for I am married unto you: and I will
take you one of a city, and two of a
family, and I will bring you to Zion: [15]
And I will give you pastors according to

mine heart, which shall feed you with
knowledge and understanding. At that
time they shall call Jerusalem the

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throne of the LORD; and all the nations
shall be gathered unto it, to the name
of the LORD, to Jerusalem: neither
shall they walk any more after the
imagination of their evil heart.

Notes:

- In order to backslide, you have to know something.
- Married = the Covenant
- Zion = Spiritual Jerusalem, which is New Jerusalem
- If your pastor isn't teaching you knowledge & understanding, then he wasn't sent by God, he was sent by Satan.



Isaiah 62:1-2, 5-7 For Zion's sake will I not
hold my peace, and for Jerusalem's sake I
will not rest, until the righteousness
thereof go forth as brightness, and the
salvation thereof as a lamp that burneth.
[2] And the Gentiles shall see thy
righteousness, and all kings thy glory: and
thou shalt be called by a new name,
which the

mouth of the LORD shall name. For as a
young man marieth a virgin, so shall thy
sons marry thee: and as the

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bridegroom rejoiceth over the bride, so shall thy God rejoice over thee. [6] I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day nor night: ye that make mention of the LORD, keep not silence, [7] And give him no rest, till he establish, and till he make Jerusalem a praise in the earth.

Notes:

- God's desire is to make Man (male and female) one body in Christ by having the same understanding of God's Word and keeping it to the end.
- Watchmen = Priests
- No Rest = Don't stop praying, meditating and talking about God's Word.

Romans 8:35-39 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? [36] As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter. [37] Nay, in all these things we are more than conquerors through him that loved us. [38] For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, [39] Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Notes:

- Sheep for the slaughter = Children of Israel
- Don't let anything or anyone take you away from God, including yourself.





Colossians 3:12-16 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; [13] Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. [14] And above all these things put on charity, which is the bond of perfectness. [15] And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful. [16] Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Notes:

- Forgive one another and put on charity and be thankful.
- Richly = Abundantly

Malachi 2:10-11 Have we not all one father? hath not one God created us? why do we deal treacherously every man against his brother, by profaning the covenant of our fathers? [11] Judah hath dealt treacherously, and an abomination is committed in Israel and in Jerusalem; for Judah hath profaned the holiness of the LORD which he loved, and hath married the daughter of a strange god.

Notes:

- One Father = God
- One God = The God of the Bible who is the one that created us all.
- Those who are wicked have one father, which is Satan. He didn't create man, but is worshipped by the wicked as a god.
- Strange god = Not the God of the Bible

John 4:23-24 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him. [24] God is a Spirit: and they that worship him must worship him in spirit and in truth.

Notes:



- Spirit = Immortal being/Spiritual body
- Truth = Word of God
- Worshippers of God must walk in holiness both in the mind and in the body.

Jeremiah 7:1-6 The word that came to Jeremiah from the LORD, saying, [2] Stand in the gate of the LORD'S house, and proclaim there this word, and say, Hear the word of the LORD, all ye of Judah, that enter in at these gates to worship the LORD. [3] Thus saith the LORD of hosts, the God of Israel, Amend your ways and your doings, and I will cause you to dwell in this place. [4] Trust ye not in lying words, saying, The temple of the LORD, The temple of the LORD, The temple of the LORD, are these. [5] For if ye thoroughly amend your ways and your doings; if ye thoroughly execute judgment between a man and his neighbour; [6] If ye oppress not the stranger, the fatherless, and the widow, and shed not innocent blood in this place, neither walk after other gods to your hurt:

Notes:

- Amend =Alter, adjust, make changes, revise
- Stranger = Non-Israelite
- Other gods = Pagan god/false gods

1 Corinthians 6:20, 15-17 For ye are bought with a price: therefore glorify God in your body, and in your spirit,

which are God's. Know ye not that your bodies are the members of Christ? shall I then take the members of

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Christ, and make them the members of an harlot? God forbid. [16] What? know ye not that he which is joined to an harlot is one body? for two, saith he, shall be one flesh. [17] But he that is joined unto the Lord is one spirit.

Notes:

- Price = the blood of Jesus
- Harlot = Prostitute
- One body with a harlot = to be one with the unclean
- One spirit with the Lord = you think the same and are on one accord with God's Word

Isaiah 56:2-7 Blessed is the man that doeth this, and the son of man that layeth hold on it; that keepeth the sabbath from polluting it, and keepeth his hand from doing any evil. [3] Neither let the son of the stranger, that hath joined himself to the LORD, speak, saying, The LORD hath utterly separated me from his people: neither let the eunuch say, Behold, I am a dry tree. [4] For thus saith the LORD unto the eunuchs that keep my sabbaths, and choose the things that please me, and take hold of my covenant; [5] Even unto them will I give in mine house and within my walls a place and a name better than of sons and of daughters: I will give them an everlasting name, that shall not be cut off.

[6] Also the sons of the stranger, that join themselves to the LORD, to serve him, and to love the name of the LORD, to be his servants, every one that keepeth the sabbath from polluting it, and taketh hold of my covenant; [7] Even them will I bring to my holy mountain, and make them joyful in my house of prayer: their burnt offerings and their sacrifices shall be accepted upon mine altar; for mine house shall be called an house of prayer for all people.

Notes:

- The sons of the stranger (non-Israelites) can join unto the Lord by taking hold of His Covenant and keeping His Commandments and laws.
- All people = All the children of Adam

Ephesians 2:12-14, 16, 18 That at that time ye were without Christ, being aliens from the commonwealth of Israel, and strangers from the covenants of promise, having no hope, and without God in the world: [13] But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ. [14] For he is our peace, who

hath made both one, and hath broken down the middle wall of partition between us; And that he might

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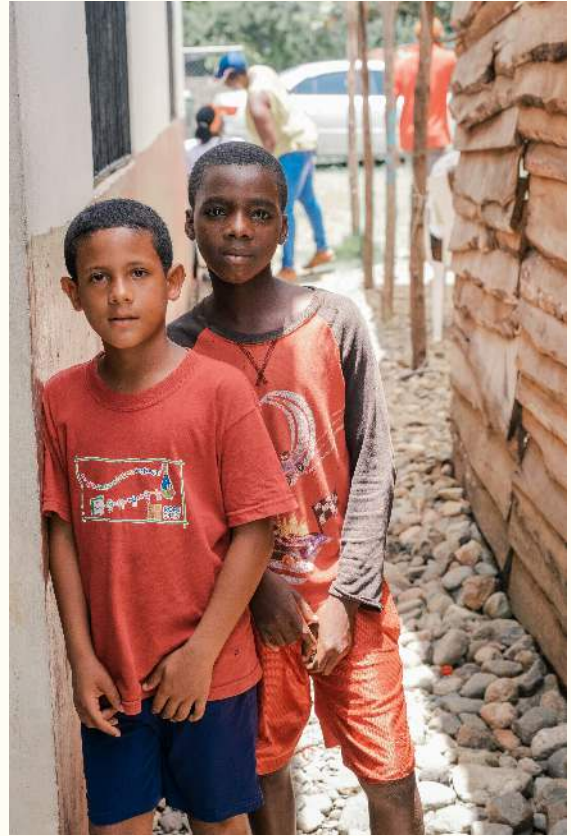
reconcile both unto God in one body by the cross, having slain the enmity thereby: have access by one Spirit unto the Father.

Notes:

- Commonwealth of Israel = The Church of God
- Blood of Christ = Getting baptized in Jesus' name.

For through him we both

- Gentiles = Children of Japheth (one of Noah's sons), also called Europeans or White people
- Alien = Stranger, foreigner
- Stranger - Gentiles/Non-Israelites, also Israelites who have turned away from God and his laws.
- Middle wall of partition = Separation between God's church and the stranger
- Servants of God have to study both the old and new testaments to have a firm foundation.
- Enmity = Hatred
- Now all people, Israel and the stranger have access to salvation through the blood of Jesus.
- One Spirit = One Word (God's Word)



Colossians 3:18-24 Wives, submit yourselves unto your own husbands, as it is fit in the Lord. [19] Husbands, love your wives, and be not bitter against them. [20] Children, obey your parents in all things: for this is well pleasing unto the Lord. [21] Fathers, provoke not your children to anger, lest they be discouraged. [22] Servants, obey in all things your masters according to the flesh; not with eyeservice, as menpleasers; but in singleness of heart, fearing God: [23] And whatsoever ye do, do it heartily, as to the Lord, and not unto men; [24] Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ.

Notes:

- Submit = surrender, present, offer
- Provoke = incite, aggravate, hassle, needle, goad
- Masters = your boss, supervisor, manager, foreman, etc.
- Reward of the inheritance = to become God/Salvation





Acts 2:1, 17-18 And when the day of Pentecost was fully come, they were all with one accord in one place. And it shall come to pass in the last days, saith God, I will pour out of my Spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams: [18] And on my servants and on my handmaidens I will pour out in those days of my Spirit; and they shall prophesy: Notes:

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- One Accord = Harmony, unity
- Spirit = The Word of God
- Prophecy = Speak the Word of God

1 Corinthians 11:17-20, 28-29 Now in this that I declare unto you I praise you not, that ye come together not for the better, but for the worse. [18] For first of all, when ye come together in the church, I hear that there be divisions among you; and I partly believe it. [19] For there must be also heresies among you, that they which are approved may be made manifest among you. [20] When ye come together therefore into one place, this is not to eat the Lord's supper. But let a man examine himself, and so let him eat of that bread, and drink of that cup.

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[29] For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body.

Notes:

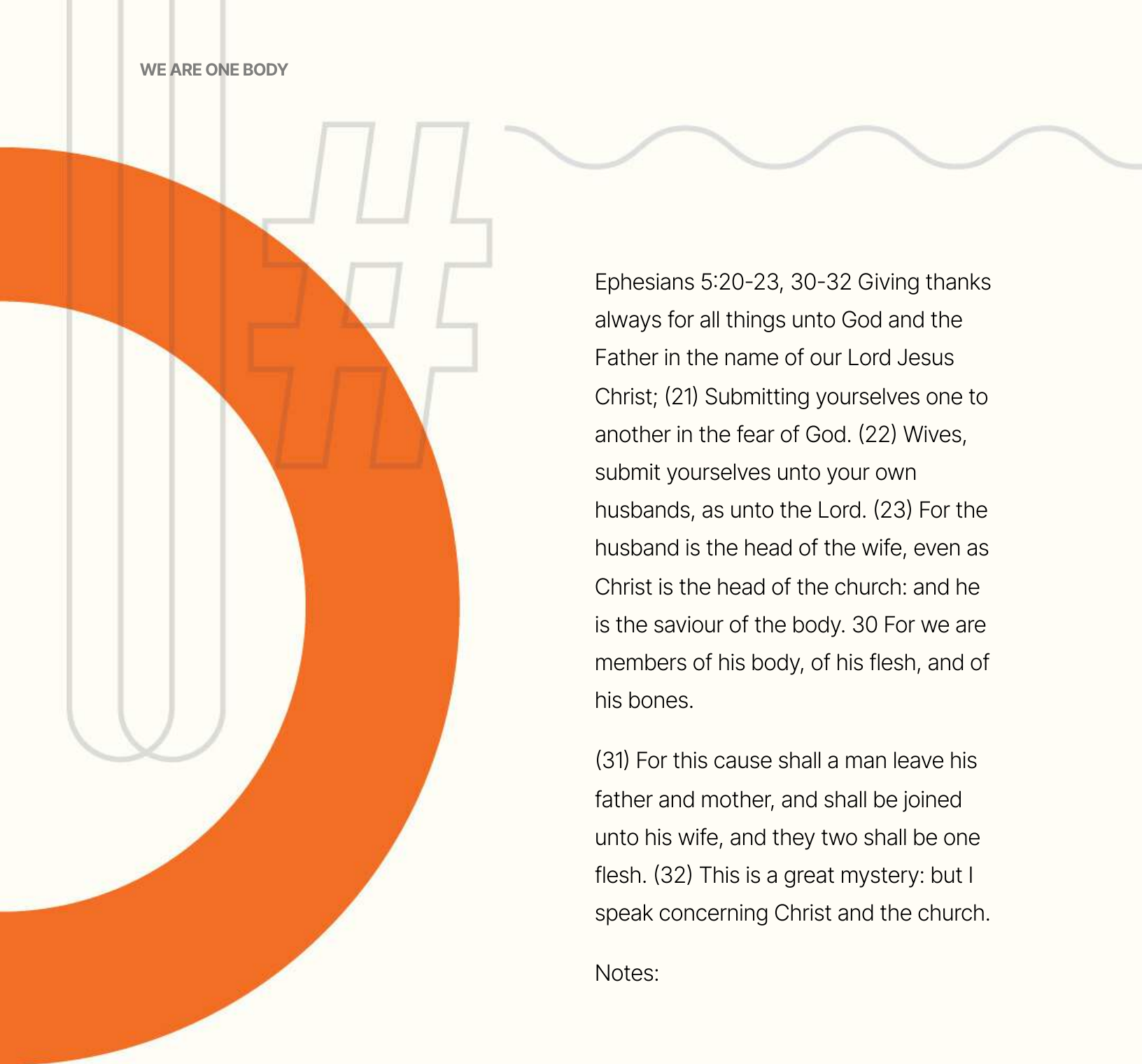
- Heresies = Dissents, divinations, sacrileges
- Lord's supper = Passover, body of Christ
- Examine himself = to check and see whether you are really following Christ or the commands of men
- Don't partake of the Lord's body (Passover bread and wine) as a non-believer or sinner.



Philippians 2:1-6 If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies, [2] Fulfil ye my joy, that ye be likeminded, having the same love, being of one accord, of one mind. [3] Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves. (4) Look not every man on his own things, but every man also on the things of others. [5] Let this mind be in you, which was also in Christ Jesus: [6] Who, being in the form of God, thought it not robbery to be equal with God:

Notes:

- Consolation = comfort, solace, relief, support
- Likeminded = think the same, on one accord, one mind
- Love worketh no evil to his neighbor. Let the Lord be our dread, not man.
- Equal with God = One body and One mind
- A Minister is supposed to serve the people, not the people serving the Minister.
- Pray for others in the body of Christ because God already knows what you need.



Ephesians 5:20-23, 30-32 Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; (21) Submitting yourselves one to another in the fear of God. (22) Wives, submit yourselves unto your own husbands, as unto the Lord. (23) For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body. 30 For we are members of his body, of his flesh, and of his bones.

(31) For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh. (32) This is a great mystery: but I speak concerning Christ and the church.

Notes:

- The Family is modeled after the Kingdom of God.
 - The Father is the head and He takes care of everyone in the body of Christ.
 - Jesus is the Groom (Husband) and Israel is the Church (Wife)
- Only God is before a husband and wife, not family or friends.
- Don't allow family or friends to come between you. Settle your differences between you rather than bringing in others.
- Love = feel affection for, care for, be devoted to, adore
- Reverence = respect, admiration
- Israel and the Stranger are to be one body in Christ and be joined unto the Lord.

Deuteronomy 32:8-10, 12, 39 When the most High divided to the nations their inheritance, when he separated the sons of Adam, he set the bounds of the people according to the number of the children of Israel. [9] For the LORD'S portion is his people; Jacob is the lot of his inheritance. [10] He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye. So the

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LORD alone did lead him, and there was no strange god with him. See now that I, even I, am he, and there is

39

no god with me: I kill, and I make alive; I wound, and I heal: neither is there any that can deliver out of my hand.

Notes:

- Bounds = limits, the beginning and ending of something

12 months in a year, 12 apostles, 12 hours of day, 12 hours of night

- His people = Children of Israel
- God and his people are supposed to be on one accord.
- No god with me = On the Earth, the only living God that exists is Jesus. He was God in the Old Testament and will still be the only God in the earth with the Saints during the 1000 years of peace. We won't meet the Father until after the white throne judgment.
- Fear God and keep his commandments. Give him his glory.

Numbers 15:15-16 One ordinance shall be both for you of the congregation, and also for the stranger that sojourneth with you, an ordinance for ever in your generations: as ye are, so shall the stranger be before the LORD. [16] One law and one manner shall be for you, and for the stranger that sojourneth with you.

Notes:

- Ordinance = Law
- Congregation = Church of God/Commonwealth of Israel
- One manner = one conduct, behavior
- All of us are to be on one accord with the Lord, no divisions are to be among us.

1 Corinthians 3:3-7, 10 Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ. [4] I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ; [5] That in every thing ye are enriched by him, in all utterance, and in all knowledge; [6] Even as the testimony of Christ was

confirmed in you: [7] So that ye come behind in no gift; waiting for the coming of our Lord Jesus Christ: Now

10

I beseech you, brethren, by the name of our Lord Jesus Christ, that ye all speak the same thing, and that there be no divisions among you; but that ye be perfectly joined together in the same mind and in the same judgment.

Notes:

- Grace = free gift
- All of God's servants are supposed to speak the same thing, the Gospel, which is the coming of Jesus Christ and the Kingdom of God. There should be no divisions (other doctrines) among us. We are to be ONE BODY, ONE MIND with the same judgment (LAW).

John 17:17-21 Sanctify them through thy truth: thy word is truth. [18] As thou hast sent me into the world, even so have I also sent them into the world. [19] And for their sakes I sanctify myself, that they also might be sanctified through the truth. [20] Neither pray I for these alone, but for them also which shall believe on me through their word; [21] That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.

Notes:

- Sanctify = To set apart
- Jesus prayed for the Apostles and he prays for those of us that are his, not the world.
- Jesus does not love everybody. He only loves those that love him by keeping his commandments.
- Jesus and the Father are ONE (think the same).

John 13:33-35 Little children, yet a little while I am with you. Ye shall seek me: and as I said unto the Jews, Whither I go, ye cannot come; so now I say to you. [34] A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. [35] By this shall all men know that ye are my disciples, if ye have love one to another.

Notes:

- Jesus came from the 3rd Heaven where no man (flesh & blood) dwells. Man will never go there.
- To love one another is to keep the Commandments.
- Disciples = Followers, students, pupils, believers
- Servants of God hate no one. We hate the sin, not the person.

Galatians 3:27-28 For as many of you as have been baptized into Christ have put on Christ. [28] There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus. [29] And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.

Notes:

- Put on Christ = Put on the mind of Christ
- We won't be completely ONE with God until the end when every one of God's servants are immortals.

WE ARE ONE BODY

In "WE ARE ONE BODY," discover the profound truth of unity in Christ as all believers, regardless of background, are invited to share in the covenant of love and righteousness. This transformative journey emphasizes the importance of understanding God's Word and living in harmony, urging every individual to embody mercy, kindness, and forgiveness. Through the teachings of scripture, the book calls for relentless devotion to prayer and the pursuit of spiritual oneness, ensuring that nothing can separate us from the love of God.

